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Proof Of Heaven: A Neurosurgeon's Near-Death Experience And Journey Into The Afterlife

#1 *New York Times* Bestseller

"Dr. Eben Alexander's near-death experience is the most astounding I have heard in more than four decades of studying this phenomenon.
[He] is living proof of an afterlife."
—Raymond A. Moody, Jr., M.D., Ph.D.,
author of *Life After Life*



PROOF of HEAVEN

*A Neurosurgeon's Journey
into the Afterlife*

EBEN ALEXANDER, M.D.
READ BY THE AUTHOR



Synopsis

A Harvard-trained neurosurgeon's minute-by-minute account of his own near-death experience - and what he discovered in the heavenly realm beyond life. On November 10, 2008, Dr. Eben Alexander was driven into coma by a disease so lethal that only 1 in 10,000,000 survive. Seven days later, he awakened with memories of a fantastic odyssey deep into another realm that were more real than this earthly one - memories that included meeting a deceased birth sister he had never known existed. Dr. Alexander deployed all his knowledge as a scientist to find out whether his mind could have played a trick on him. In its shutdown state, there was no way it could have functioned at all. That left only one conclusion: that we are conscious in spite of our brains - that, in fact, consciousness is at the root of all existence. The evidence supporting Dr. Alexander's experience transformed him into a believer in God's unconditional love and brought reconciliation to his family - and will upend our ideas about human consciousness and spirituality.

Book Information

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Customer Reviews

I had a NDE after a serious motorcycle accident when I was 33 years old - I'm now 70! The experience will always be with me! Our Creators name is LOVE!!! Sometimes when I tell my story, the reactions are good and sometimes people just think the brain is reacting to the death process! I only wish I had the ability to express in words what took place, however, I now realize, that words can never express the LOVE that that I felt and the removal of all hate! Hate does not live in that

realm, and can never live there! To feel totally immersed in LOVE, cannot be put into the languages of this world - I've tried and failed. I will tell you this much - all religions fail - ALL. Our creator is so far beyond this nonsense that I can't even put it in words! All I know is that I will always LOVE my creator, OM, or what ever name you want to use! I really stopped caring if people believed me or not, however, when they want to know what I experienced - I'm always happy to tell them what happened to me - as best I can - with the limitations that language can express! What a great book! Thanks to you Doctor; now others may understand what I went through! Rather you are a believer or not, Religious or Atheist, Agnostic, or what ever you are, at the very least you will come away with questions, that will at least make you wonder!!! I actually feel blessed that my Creator had me go through this in my Life - as painful as it was! It really made me look at Life in a much different way! Sorry for going on and on, but, I really appreciated this book, especially from a neurosurgeon! All I know is; that to me it was no dream! This was so different that I know it will be with me until I return to my Creator. What an experience! I thought my life was over at age 33, however, he/she, Creator, OM, Love, Truth, has shown me what Life really is! I hope all, and I mean all find what I found! Maybe, just maybe, this world or realm we live in would become a better place!

A useful addition to the NDE literature. Like all the other books on this subject, this one does not prove there is life after death. However, it does show that there is a huge amount we don't know about the brain and consciousness. Anything that helps us wake up to that fact is a good thing, in my view. I applaud Dr. Alexander for his courage in publicly recounting his experience, and thereby helping to move the field of noetic science further forward. I also highly recommend Dr. Charles Tart's review of the book. He has done vast amounts of research in this and related fields--the "forbidden" areas beyond mainstream neuroscience. Here is the link to Dr. Tart's review of the book http://www..com/review/RDG5W5LSKAHYQ?_encoding=UTF8&asin=1451695187&cdForum=Fx3ILQPY0BH2WSU&cdMSG=addedToThread&cdPage=&cdThread=Tx2R5MV9ZBZUCWI&newContentID=Mx1CT1H8NNCADLS&newContentNum=21&store=books#CustomerDiscussionsNRPBE Esquire Magazine's article bashing Dr Alexander thoroughly distorts the facts: regarding Eben Alexander's reported experience, regarding witness statements, and even regarding His Holiness the Dalai Lama's statements. For their own gain, the Esquire editors have trashed Dr. Eben Alexander's reputation. Score one for "scientific" dogmatism... Here is the link to Esquire Magazine's unwarranted attack upon the book and its author <http://iands.org/news/news/front-page-news/970-esquire-article-on-eben-alexander-distorts-the-facts.html>

Dr. Alexander writes about his personal near death experience (NDE), which was unique in its causes and somewhat different than most reported NDEs. His insights are deeply personal, and the doctor stresses the impossibility of using language to describe what happened to him - or at least his remembrance of it - but he determined that the experience was valid and had a purpose. The purpose was to allow him to expose the fact that consciousness survives the death of the body. Like many other NDEs reported his is both unique and common. Much like the survivors of the Titanic, each has their own special story but all of the stories swing around the common theme of shipwreck. Evidence of the doctors experience actually comes from a source not mentioned by him. As he detailed in the book, his near death was the result of a specialized bacteriological agent that, if it was loosed upon humanity, could destroy at least half the people on earth in a year. And while he talks for awhile about this bacteria and what it could do, it is actually a minor part of his story. There is the key. As a rock solid scientists and medical man, in other circumstances his ENTIRE focus would be on that potentially mass killing agent and not on his personal experience. But in this instance his entire focus is on his remembered incident. This focus is unusual in the extreme for a person with the author's background. This should tell the reader that Dr. Alexander is absolutely sincere and deeply believes that what he saw, heard, felt, and otherwise went through was absolutely real. The author does not spend any time on philosophy or trying to explain the conundrum of life. Descartes' "ghost in the machine" doesn't concern him. He tells us that consciousness is nothing like any philosopher has told us or could ever tell us. What the doctor has said is life and consciousness are so vast and mysterious that they cannot be explained in language or comprehended by our earthly minds. Deeply within creation is what he sometimes terms a creator, but he stresses that our minds cannot grasp what this reality is or means. With this he moves far beyond human experience as a foundation for truth. He clearly denotes that our minds cannot find or determine truth and could not comprehend it if we did find it - at least through observation and measurement. What he describes is beyond measurement and science. While the doctor does not say it, his ideas mean that all our philosophy and science will not attain the ultimate goal of understanding existence because we are not capable of such understanding. His result is neither rational or irrational, it is beyond any kind of rationality. In the final boiled down explanation he tells us love is the key to the universe and that we can, through meditation and other semi-spiritual means, move closer to that truth. This idea is not new, and in fact reaches back thousands of years to the very beginnings of humanity. Thus, the doctor offers little that is new outside of his individual experience. The book is easy to read and understand and gives the reader a

good insight into the doctor's mind. Dr. Alexander is a brilliant man and has a mind honed to a fine edge by his education and insights. Well worth the time to read. His list of other reading sources on NDE is excellent. AD2

One of these best of the books written on this topic. It is a good place to start for those without faith to start.

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